

## Evidence-based practice vs. nursing research

COMPARING	USING Evidence-Based PRACTICE	CONDUCTING Evidence-Based RESEARCH
Magnet Recognition Program® (MRP) Required?	MRP requires this.*	MRP requires this.*
Requirement	Hospitals must demonstrate that nurses evaluate and use published research in all aspects of clinical and operational processes.	Nurses must conduct research projects and share the knowledge from these projects with nurses within and outside the organization.
Definition	Evidence-based practice looks at research findings, quality improvement data and other forms of evaluation data, and expert opinion to identify methods of improvement.	Research is generating new knowledge about a phenomenon or validating existing knowledge. Although <i>evidence-based practice</i> may have opinion—an expert opinion, but opinion still—woven in, research is built in such a way to avoid bias.
Purpose	Look at the "why" behind existing methods and processes in the search for improvement.	To provide healthcare professionals with unbiased, quantitative information on the subject being researched.
How Practice and Research Mesh	Evidence-based practice is used to close the gap between the research being conducted and the practice—the research/practice gap.	

**TAKE ACTION:** Encourage staff ownership as a way of promoting buy-in for evidence-based practice and nursing research. If they are part of a major change supported by leadership, implemented, and demonstrated to be successful, this can lead to greater buy-in for future improvements.