When a fall occurs, whether witnessed or unwitnessed, ask:

Was patient already considered at risk for falls?

**YES**

Was this the patient’s first fall?

**YES**

1. Document incident, interventions, and post-fall assessment.
2. Complete incident report.
3. Establish cause of fall.
4. Consider:
   a. Environmental risks
   b. Changes in mental or physical condition
   c. Medications
   d. Vital signs
   e. Lab values, urinalysis
   f. Hydration status, toileting needs
   g. Weight changes, appetite
   h. Risks specific to this patient
5. Plan interventions and update plan of care with new goals and interventions.
6. Request PT/OT referral.

**NO**

1. Document incident, interventions, and post-fall assessment.
2. Complete incident report.
3. Establish reason for fall. If unwitnessed, consider all possible reasons.
4. Do fall risk assessment. Repeat or review if already done.
5. Plan interventions as needed to reduce fall risk. Update care or service plan.
6. Request PT/OT evaluation.